

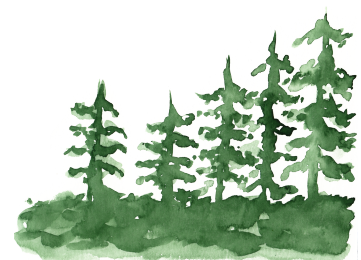
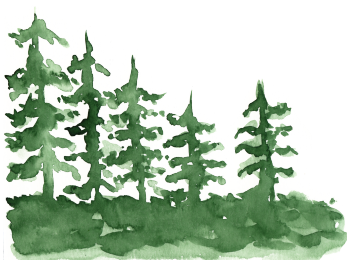
WHAT IS SOUL RETRIEVAL AND HOW IS IT DONE?

Have you ever felt like a part of your soul was missing? Like you weren't quite whole? If so, you might want to understand shamanic soul retrieval.

This ancient practice is said to help individuals reclaim lost parts of their souls and restore balance to their lives. So, what exactly is shamanic soul retrieval, and how is it done?

Shamanic soul retrieval is a healing technique that has been used by indigenous cultures for centuries. It is based on the belief that when we experience trauma or other difficult events, parts of our soul can become lost or fragmented. This can lead to feelings of disconnection, depression, anxiety, and other emotional and physical issues. Shamanic soul retrieval is designed to help individuals reconnect with these lost parts of themselves and bring them back into balance.

The first step we do is often an initial consultation, during which we will ask questions about a client's life and personal history. This is to help identify any areas where soul loss may have occurred. As shaman we can perform divination or other spiritual practices to gain further insight.



Once we have identified areas of soul loss, we can enter into a trance state and journey to the spirit realm. Here, we will communicate with spiritual guides and helpers to locate the lost parts of the soul. These parts may be held by spirits, ancestors, or other entities. As shaman, we will work to negotiate the safe return of these parts and bring them back to the physical realm.

The final step of shamanic soul retrieval is integration. This involves working with the client to integrate the returned soul parts back into your life. This may involve rituals, ceremonies, or other practices designed to help them reconnect with these parts of themselves and restore balance to their life.

Shamanic soul retrieval is an ancient healing technique that can be used to help individuals reclaim lost parts of their souls and restore balance to their lives.

If you feel like you are missing a part of yourself, or if you are struggling with emotional or physical issues, shamanic soul retrieval may be worth exploring.

